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## CLAIMS

- A method of preventing or delaying the onset of a disease having the characteristics of type 1 diabetes or of
   ameliorating an early stage thereof in a mammal at risk of developing said disease which method comprises administering to said mammal an effective amount of a hormonally inactive insulin or insulin analogue.
- 10 2. The method of claim 1 wherein the mammal is a human being.
  - 3. The method of claim 1 wherein the *in vitro* activity of the insulin or insulin analogue is less than 7% of the activity of human insulin.
    - 4. The method of claim 1 wherein the insulin analogue is selected from the group comprising:
- 20 desA1 human insulin;
  des(A1-A2) human insulin;
  des(A1-A3) human insulin;
  desA21 human insulin;
  des(B1-B5) human insulin;
- 25 des(B1-B6) human insulin;
   des(B23-B30) human insulin;
   des(B24-B30) human insulin;
   des(B25-B30) human insulin;
   Gly<sup>A2</sup> human insulin;
- Ala<sup>A2</sup> human insulin; Nla<sup>A2</sup> human insulin; Thr<sup>A2</sup> human insulin; Pro<sup>A2</sup> human insulin;
- D-allo Ile<sup>A2</sup> human insulin;
  Nva<sup>A3</sup> human insulin;
- Nle<sup>A3</sup> human insulin; Leu<sup>A3</sup> human insulin; Val<sup>A2</sup>.Ile<sup>A3</sup> human insulin;

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Abu<sup>A2</sup>, Abu<sup>A3</sup> human insulin;
Gly<sup>A2</sup>, Gly<sup>A3</sup> human insulin;
D-Cys<sup>A6</sup> human insulin;
D-Cys<sup>A6</sup>, D-Cys<sup>A11</sup> human insulin;
Ser<sup>A6</sup>, Ser<sup>A11</sup>, des (A8-A10) human insulin
D-Cys<sup>A7</sup> human insulin;
D-Cys<sup>A11</sup> human insulin;
Leu<sup>A19</sup> human insulin;
Gly<sup>B6</sup> human insulin;
Glu<sup>B12</sup> human insulin;

10 Glu<sup>B12</sup> human insulin;
Asn<sup>B12</sup> human insulin;
Phe<sup>B12</sup> human insulin;
D-Ala<sup>B12</sup> human insulin; and
Asp<sup>B25</sup> human insulin.

5. The method of claim 4, wherein the insulin analogue is  $\ensuremath{\mathsf{Asp}}^{\mathsf{B25}}$  human insulin.

- 6. A pharmaceutical composition for preventing or delaying 20 the onset of a disease having the characteristics of type 1 diabetes or for ameliorating an early stage thereof in a mammal at risk of developing said disease which composition comprises an effective amount of a hormonally inactive insulin or insulin analogue according to any one of the 25 claims 1 and 2 to 5.
  - 7. Use of an insulin or an insulin analogue according to any one of the claims 1 and 2 to 5 for producing a pharmaceutical composition for preventing or delaying the 0 onset of a disease having the characteristics of type 1 diabetes or for ameliorating an early stage thereof in a mammal at risk of developing said disease.